

December News

Phone: 02 4032 5500
programs@theplacecharlestown.org.au

Music Fun at The Place in January 2013

Fun for babies & children, ages 6 months to 12 years!

Dress up as your favourite sea character for some Singing, Moving, Playing & Creating with Do Re Mi Music for Children at The Place!

Wednesday 16th January 2013

10am-10.45am: 6mths – 5yrs

(adults staying to join in)

11am-11.45am: 5yrs – 8yrs

(drop the kids off!)



Wednesday 23rd January 2013

10am-10.45am: 6mths – 5yrs

(adults staying to join in)

11am-11.45am: 7yrs – 12yrs

(drop the kids off!)



\$10 per session per child. Bookings essential, call Julie on 49632026

NAME YOUR ROOM!



THE PLACE IS HOLDING A
COMPETITION TO RENAME
OUR ROOMS.

DROP YOUR SUGGESTIONS
INTO RECEPTION NOW!

Reception at The Place
will be closed from

Saturday 22nd December

and will reopen on

Monday 21st January 2013



Some of our regular activities will continue through this time. See inside for details for individual groups.

The Staff of The Place would like to wish you all a happy and safe Festive Season and our very best wishes for the New Year

Check out the quality
artwork by Local Artists
now on display (and for
sale!) at The Place!

Do you want to reduce stress, anxiety or relieve tension and pain for your loved one this Christmas? (& be a favourite!)



Why not get them a Gift Certificate, so they can relax with a Therapeutic Massage!

Massage Space at The Place

will be open during the Christmas break (excluding public holidays)

Phone 4032 5540 until 21/12/12 (The Place closes) then 0403895789



Regular Programs and Groups at The Place

Mondays

New Body Seniors Exercise

10.30am-11.30am, \$12/class, \$10/class conc.
1st class complimentary, contact Nancy 4943 7114
Last class 3rd December 2012.
Classes resume 21st January 2013.

Do-re-mi Music for Children

Morning music classes for children & accompanying adults. Classes during school terms.
Term 4 ends 3rd December 2012.
Term 1 begins 4th February 2013.

Eldest child \$130.50/term, discounts for siblings.
For more details / to enrol contact Julie 4963 2026.

Playgroup - "Charlestown Caterpillars"

10am-12pm. A fun morning for adults & children to get together & enjoy play and craft.

Children from babies to school age welcome.

\$3/week/family plus Playgroup NSW annual membership (\$39, due after 3rd visit).

Bring along a piece of fruit for the children to share for morning tea (no nuts or dairy please).

Last date 17th December 2012 (Christmas Party)

Playgroup returns 21st January 2013.

For more info please contact Shelley at The Place on 4032 5500

Honeysuckle Suite - Ladies Barbershop Chorus

6.30pm- 9.00pm. Weekly rehearsals in 4 part harmony, educational materials and voice coaching provided. New singers welcome, no experience needed. \$10/week.

Contact Lesley 0401 393 366

Last session 17th December 2012.

Resumes 14th January 2013.

Tuesdays

Charlestown Square Tuesday Club

From 9am, ladies social club. Morning tea, with an invited guest speaker or games, raffles, or other entertainment. Low membership fee & weekly fees.
Last Meeting 11th December 2012.

Resumes 29th January 2013.

Newcastle Irish Set Dancers

7.30pm-9.30pm, \$10/class, \$8 for Newcastle & Hunter Valley Folk Club members. Classes in Irish Set Dancing (folk dancing) for adults, no experience necessary. Contact Julia or Arthur on 4955 5701

Last class 11th December 2012.

Classes resume 5th February 2013.

Tuesdays (cont)

Birth & Parenting Classes (Antenatal)

6 week courses, 6.30pm - 8.30pm. Hosted by John Hunter Hospital staff (same classes as those held at John Hunter Hospital). The classes include a Birthing Services Tour at John Hunter Hospital. Cost \$155, concessions available. Bookings are essential. Phone 4921 3992 to book your place.

Wednesdays

Tai Chi (Australian Academy of Tai Chi)

8.30am-10.00am Tai Chi Club

10am-11.30am Beginners Tai Chi, Levels 1-5, Shibashi, and lessons in sword / fan / flute.

Term 4 ends 12th December 2012.

Term 1 begins 6th February 2013.

Term costs \$90 (\$85 concession). Casual class \$10/week. Contact Barbara on 4963 2139.

Dementia Carer Support Group Meeting

10am-12.30pm on the 3rd Wednesday of the month. No December Meeting. Next meeting 16th January 2013. Contact the Newcastle / Lake Macquarie Dementia Advisory Service for more information on Ph. 4985 5715.

Do-re-mi Music for Children

Morning music classes for children & accompanying adults. Classes during school terms. Term 1 begins 6th February 2013.

For more details / to enrol contact Julie 49632026.

C3 Church Victory—Gatekeepers (over 55's)

10am - 1.30pm on selected Wednesdays only. Church Ministry for people over 55 years old.

To RSVP or for more information please contact C3 Church Victory 4922 6800. Meetings at The Place have conclude for 2012. Meetings at The Place resume 6th February 2013.

Thursdays

Free Immunisation Clinic

9am-1pm and 2pm-4pm on the 2nd Thursday of the Month, hosted by Hunter New England Health. Next Clinic 13th December. Please arrive by 3.30pm & bring along your child's Blue Book and Medicare Card.

Australian Breast Feeding Association

10am-12pm on the 3rd Thursday of the month, all welcome, tea/coffee provided, bring morning tea to share if you have time (no nuts please). Next meeting 17th January 2013, discussion topic: 'Common breastfeeding challenges'.

... regular programs and groups continued

Thursdays (continued)

Little Kickers

Preschool soccer based engaging classes
9.30am - 10.15am (1½ yrs - 2yrs 3mths)
10.30am - 11.15am (2yrs - 3½ yrs)
Bookings essential. Contact Naomi on 4009 1545 for details and to enrol. 6 sessions \$90, 12 sessions \$180. One off registration fee of \$50 (incl. FREE Little Kickers football uniform & priority re-registration). Last Class 13th December 2012. Classes resume 10th January 2013.

Speech Pathology

Thursday afternoons by appointment. Contact Melinda Sullivan 0418 971 124.

Yoga!

6pm-7pm, \$12pp. Stretch, tone, relax! Beginners welcome. BYO Yoga mat. No RSVP needed, just come along and enjoy the class. For more information contact Suzanne 0421 076 244
No classes in December.
Classes resume 31st January 2013.

Eastlakes Youth Centre

6.30pm-9pm, ages 12-18yrs. Free entry. Games, pool table, table tennis, music, DVDs, food.
Last day 20th December 2012.
Returns 10th January 2013.

Fridays

New Body Seniors Exercise

9.30am-10.30am gentle exercise, 10.30am-11.30am regular exercise, \$12/class or \$10/class concession 1st class complimentary. Contact Nancy 4943 7114
Last class 7th December 2012
Classes resume 25th January 2013.

Tai Chi for a Healthy Life

10.30am-11.30am all welcome. Gentle class suitable for all abilities, classes follow the Tai Chi for Arthritis program. \$6/class. Contact Adrienne 4946 2126
Last class 14th December 2012
Classes resume 1st February 2013.

God's House - House

5.45pm-7.15pm, fun and engaging youth group for ages 12-18yrs, all welcome.
Last day 14th December 2012.
Returns 18th January 2013.

God's House - Church Service

7.30pm church service, all welcome, children's program available during service. Dates as above.

Fridays (continued)

Young Parents Group

12.30pm-2.30pm. Aged 25 and under? Come and get to know some other young parents and parents to be. Children welcome, children's toys & activities provided. Tea & coffee provided, bring your lunch or afternoon tea if you like! Cost: gold coin donation per adult. No RSVP needed. Last date - Christmas Party - 7th December 2012. Returns 25th January 2013.
Find YPG on Facebook:
www.facebook.com/YPGCharlestown
For more info contact Shelley on 4032 5500.

Saturdays

Little Kickers

Preschool soccer based engaging classes
8.30am - 9.15am (2yrs - 3½ yrs)
9.30am - 10.15am (2yrs - 3½ yrs)
10.30am - 11.15am (3½ yrs – 5yrs)
Bookings essential. Contact Naomi 4009 1545.
Last Class 15th December 2012.
Classes resume 12th January 2013.

Birth & Parenting Classes (Antenatal)

3 week courses, 9am - 1pm. Hosted by John Hunter Hospital staff (same classes as those held at John Hunter Hospital). The classes include a Birthing Services Tour at John Hunter Hospital. Cost \$155, concessions available. Bookings are essential. Phone 4921 3992 to book your place.

Sundays

C3 Church Victory - WG Youth Program

5.00pm, fun and engaging youth group for high school years 7 to 12, all welcome.
Last day 16th December 2012.
Returns 13th January 2013.

C3 Church Victory - Church Service

6.30pm church service, all welcome.
No Service Sunday 23rd December 2012.

Computer Classes at The Place with TAFE Outreach

Enrol now for 2013 - bookings essential
8 week course just \$32pp
Courses will be held on Wednesdays
Phone 4979 1634 for details & to enrol.

About The Place:

The Place: Charlestown Community Centre is a not-for-profit community facility conveniently located at Charlestown Square.

An exciting range of regular programs and events for all ages are hosted at The Place each week. Visit The Place website to see 'What's On!'. New and existing groups are welcome to enquire about hosting their programs at The Place.

The high quality rooms and facilities at The Place are available for casual and regular hire by individuals, groups, or businesses at affordable rates. The Place has two large halls, each with sprung timber floors, two carpeted activity rooms, a semi-commercial kitchen and a computer room available for hire. The rooms are perfect for private or community functions, special events, birthday parties, meetings, workshops, and training.

The Place staff are available Monday to Friday 8.30am - 5pm for enquiries and bookings.

Phone: 4032 5500

Fax: 4032 5511

Email: programs@theplacecharlestown.org.au



The Place is located at the corner of Frederick Street and Pearson Street in Charlestown. Entry to The Place is via our front door in Frederick Street.



www.facebook.com/theplacecharlestown

PROFESSIONAL SERVICES AVAILABLE AT THE PLACE

MASSAGE SPACE @ THE PLACE



Improving your life's quality
with massage therapy
Remedial & Relaxation
Call Kathleen **02 4032 5540**
Health Fund Rebates
HICAPS | EFTPOS



EASTCOAST
Wills+Estates

Services include:
Wills, Powers of Attorney,
Appointments of Enduring
Guardians, Advance
Health Directives,
Administration of
Deceased Estates.

Contact Margot McAlary **02 4032 5530**

OZ SPECTRUM SUCCESS COACHING

Coaching Services Include:

- ◆ Work Life Harmony
- ◆ Home Life Harmony
- ◆ One on One & Group Workshops

Contact Geraldine Moran
0438 466 029



Parties & Special Occasions

The Community Hall and Youth Room at The Place are fantastic spaces for celebrating birthdays & other special occasions. The semi-commercial Kitchen at The Place is available for self-catering, or The Place can assist with your catering needs. Contact us to discuss your ideas. **Ph: 4032 5500**

